HOMEMADE DOG TREATS

Ingredients

- 2 cups cooked chicken mince
- 2 cups whole wheat flour, almond meal or white whole wheat flour
- 1 250g container non-fat plain Greek yogurt
- 3/4 cup water
- 1 egg, lightly beaten (2 eggs if using almond meal)

Method

Step 1: Preheat the oven to 180.

Step 2: In a medium bowl, combine all ingredients, stirring until thoroughly incorporated. Batter will be very thick and sticky.

Step 3: Drop batter by level tablespoons onto baking sheets. Using the back of a spoon, flatten the dog treats slightly.

Step 4: Bake for 12-14 minutes, until lightly golden brown.

